



## Adoption Books

### *Books for Adopted Children*

- 1) Adopted and Wondering  
-Drawing/Coloring book, for ages 5-13
- 2) All About Adoption, How to Deal with the Questions of Your Past  
-Good for teens
- 3) My Adopted Child, There's No One Like You  
-Moma Bear and adopted Panda
- 4) All About Adoption, How Families are Made and How Kids Feel About It  
-Comprehensive
- 5) Happy Adoption Day (McCutcheon and Paschkis)  
-Illustrated book about Adoption Day
- 6) Why Was I Adopted? (Livingston)  
-Illustrated for children
- 7) W.I.S.E. UP Powerbook  
-Workbook for kids to help them explain adoption to others and helps them be prepared to answer people's adoption questions.
- 8) Adoption is for Always  
-Good for pre-teens, kids struggling with the idea of adoption
- 9) I'm Still Me (Lifton)  
-Novel written for teens about a child attempting to research her birth family
- 10) Adopted and Wondering, Drawing out Feelings (Heegaard)  
-Workbook for kids to draw out thoughts and feelings


### *Books for Adoptive Parents*

- 1) They Chose Me  
-For Grandparents
- 2) Twenty Things Adopted Kids Wish Their Adoptive Parents Knew  
-Good for any adoptive parent
- 3) You Can Adopt, An Adoptive Families Guide  
-Good for families considering adopting who want more information
- 4) The Jonathon Letters (Trout and Thomas)  
-Correspondence between adoptive parent and the treating therapist
- 5) Telling the Truth to your Adopted or Foster Child, Making Sense of the Past (Keefer and Schooler)  
-Would help parents who are trying to explain adoption to their child. Helps parents who are not inclined to be open.
- 6) A Child's Journey Through Placement (Fahlberg)  
-Probably for the professional. Will help understanding and working with kids who have been through multiple placements
- 7) Toddler Adoption (Hopkins-Best)
- 8) Making Sense of Adoption, A Parent's Guide (Melina)  
-Conversations and activities for families formed through adoption, donor insemination, surrogacy, and in vitro fertilization
- 8) How to Adopt at Child
- 9) Raising Our Children's Children (Doucette-Dudman)  
-Written by an adoptive grandparent and a therapist. Well written and easy to read. Uses lots of real-life vignettes.
- 10) Grandparents as Parents (Toledo & Brown)  
-Well written, easy to read, comprehensive, should be very useful for grandparents.

### *Books for Adoption Professionals*

- 1) The Adoption Triangle (Sorosky, Baran, and Pannor)  
-Deals with openness in adoption  
Openness in Adoption, Exploring Family Connections (Grotevant and McRoy)
- 2) Relatives Raising Children (Crumbley & Little)  
-Overview of Kinship Care. Concise and good for reference when providing clinical counsel for a Kinship family.

### *DVD/Videos*

- 1) "I Wonder" (Fahlberg)  
-Teenagers talking about being adopted
  - 2) "Parenting with Dignity" (Bledsoe)
  - 3) "Love and Logic" (Fay & Fay)-4 different disks
  - 4) "Bringing Up Boys" (Dobson)
  - 5) "Boundaries with Kids" (Cloud & Townsend)
  - 6) "Parental Guidance Required" (Stanley & Joiner)
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